

Governor Sherrill Institutes 90 Day Pause on the Proposal and Adoption of New Regulations

Healthcare Law Update

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On January 23, 2026, Governor Mikie Sherrill [issued](#) Executive Order No. 7, which places a 90-day hold on the proposal or adoption of new rules by New Jersey state agencies. The purpose of this Order is to give the new Administration time to review pending regulations and ensure they align with its policy priorities, particularly regarding economic growth and regulatory simplification. The Order allows agencies to flag proposed rules that might impact public health, safety, court compliance, or federal funding, and the Governor may lift the hold for those specific rules. Importantly, the Order does not create any legal rights for regulated parties and cannot be used to challenge government action.

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