

## Leaves of Absence: Protecting Your Business While Supporting Employees

Litigation Quarterly Advisor

### Leaves of Absence: Protecting Your Business While Supporting Employees

**Matthew M. Collins**

*Member & Co-Chair, Labor and Employment*

**Ashley L. Matias**

*Associate, Labor and Employment*

BRACH | EICHLER<sup>LLC</sup>  
Counsellors at Law

4/16/2025

When it comes to responding to employee leave of absence requests, it is not enough for a business to simply rely upon their own internal policies and procedures. In many situations those internal policies and procedures simply do not accurately reflect the businesses' actual obligations under the myriad of local, state and federal laws that grant employees the legal right to a leave of absence. Under some of these laws a business that has only a single employee could potentially be obligated to provide a leave of absence.

At the federal level, leave obligations may be imposed under Family and Medical Leave Act ("FMLA") and the Americans with Disabilities Act ("ADA"). In New Jersey, additional leave obligations may be imposed under the New Jersey Family Leave Act ("NJFLA") and the New Jersey Law Against Discrimination ("NJLAD"). Under these laws an employer's obligations may be triggered as soon as the employer has reason to believe a leave may be needed (i.e., even if no formal leave request has been made).

Employees should be thinking about the following:

1. What leave laws apply to a request for leave?
2. What reasons qualify an employee for leave?
3. What eligibility requirements apply?
4. What amount of leave must be provided?
5. What are the employer's notice and documentation obligations?

6. What other obligations are there beyond granting leave?

Each leave of absence is unique and fact sensitive and should be treated as such.

[Click Here to read the entire Spring 2025 Litigation Quarterly Advisor now!](#)

*For more information, please contact:*

**Matthew M. Collins** | 973.403.3151 | [mcollins@bracheichler.com](mailto:mcollins@bracheichler.com)

**Ashley L. Matias** | 973.364.8330 | [amatias@bracheichler.com](mailto:amatias@bracheichler.com)

---

## Authors

The following attorneys contributed to this insight.



**Matthew M. Collins**

**Member**

Labor and Employment, Cannabis Industry, Litigation

973.403.3151 · 973.618.5551 Fax

[mcollins@bracheichler.com](mailto:mcollins@bracheichler.com)



**Ashley L. Matias**

**Associate**

Labor and Employment

973-364-8330 · 973-618-5997 Fax

[amatias@bracheichler.com](mailto:amatias@bracheichler.com)